

BHS Winter Return to Play (Swim/Track and Field)

2/1/21 - 3/27/21

BHS COVID-19 Athletic Contact:

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NJSIAA Winter Start Dates

Monday, 2/1/21 - First Practice

Tuesday, 2/16/21 - First Regular Season Contest

Saturday, 3/27/21 - Final Competition

[NJSIAA Winter Return to Play \(Click\)](#)

Any positive COVID test of our athletes, coaches, or athletic personnel **may** force an immediate, full or partial, athletic shut down and quarantine for 14 days. Information will be disseminated through Blackboard, email, and Google Classroom. It is our goal to keep our athletes and parents apprised of the situation at all times, and to keep them safe.

Winter Sports Practice/Competition Procedure

1. Athletes will arrive at the senior parking lot no more than 10 minutes before their scheduled time slot for practice. Athletes may not enter the building until their assigned practice time. There should be no contact with any other teams. Please stay in your car until your practice time. Swim athletes will be taking a bus when using the Phillipsburg Elementary School Pool.
2. The "[Winter COVID Daily Screening \(Click\)](#)" must be filled out by the athlete and submitted to the coach via Google Forms. This form must be submitted before you participate, but no more than 12 hours in advance. Hard copies of the form will not be provided. If technology is an issue, please contact your coach.
3. The coach will take attendance using your submitted form. If you answered "yes" to any question, you cannot participate and must contact the school nurse.
4. All athletes must be dropped off in the senior parking lot. Athletes that are being picked up may also be picked up in the senior parking lot. Coaches will park behind the trainer's room. Athletes, parents, and coaches are expected to leave the facility immediately following practice or competition.
5. Once the player has entered the practice area and/or bus, they will follow all NJSIAA Guidelines. These guidelines will be followed and enforced by the coaches, athletic trainer, and athletic director. If at any time there are concerns with following these guidelines, please contact Brad Bartow using the information at the top of this document.
6. Once the players have finished their practice session they will exit the facility using the same doors they entered into.
7. Hand sanitizer and surface disinfectant will be provided to each team. Teams will use disinfectant wipes at the end of their practice to sanitize high traffic areas before leaving the facility.

8. The custodial staff will follow their normal and intensive cleaning procedures following the culmination of the final practice or competition each evening. They will also sanitize common touch points throughout the duration of each practice and competition.
9. Any player who needs treatment through the Athletic Trainer, must set up an appointment through the Athletic Trainer. Any emergency situations (concussions, heat illness, and etc.) will be handled immediately by our Athletic Trainer, but all non emergency treatments must be scheduled.
10. Water refills will be provided in an emergency, but the athlete needs to provide their own filled bottle at the start of every practice and game.
11. Locker Rooms will **not** be utilized throughout the entirety of the Winter season.

Student-athletes who have pre-existing medical conditions and/or are immunocompromised (e.g., diabetes, asthma, auto-immune disorders, etc.) shall provide written clearance from a medical doctor to both the school nurse and athletic trainer before he/she will be permitted to participate in workouts.

FAQ's/Miscellaneous Information

1. Teams will be scheduled to use any of the following facilities at some point during the season; HS Gymnasium, Oxford St. Gymnasium, HS Cafeteria, Wrestling Room, and Phillipsburg Elem. School Pool.
2. The locker room will **not** be utilized.
3. Teams will be scheduled at least 15 min apart to avoid contact.
4. Spectators will **not** be allowed during the winter season. (All games will be streamed if feasible to the "[Seater Sports \(Click\)](#)" Youtube page.
5. Coaches and staff are expected to wear a face covering at all times unless doing so would inhibit their health.
6. Athletes must wear a mask as much as possible when not participating in strenuous activity.

7. Capacity/Attendance - On November 16, 2020, Governor Murphy issued Executive Order 196, which further restricts the number of people permitted at both outdoor and indoor sporting events. Under the Order, indoor practices and competitions are limited to 10 persons. If the number of individuals who are necessary for the practice or competition, such as players, coaches, and referees, is greater than 10 persons, the practice or competition may proceed. If the above exception applies, the number of individuals still may not exceed 25 percent of the capacity of the room in which it takes place, or 150 persons, whichever is less. Practically speaking, this means that spectators are prohibited. Any changes or updates to Executive Order 196 will necessitate updates to these guidelines.