

Participant  
Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_

Phone #  
(home/cell) \_\_\_\_\_  
(work) \_\_\_\_\_

Emergency  
Contact \_\_\_\_\_  
Phone# \_\_\_\_\_

Grade Entering Sept.  
2019 \_\_\_\_\_

Years of field hockey  
experience \_\_\_\_\_

Position(s)  
\_\_\_\_\_

**EVERY CAMPER RECEIVES A T-SHIRT!**

**Adult size (circle one)**

S M L XL

OR

**Youth size (circle one)**

S M L

**\*\*Additional shirts may be ordered for \$12  
please indicate the number wanted next to size  
below**

\_\_S \_\_M \_\_L \_\_XL (ADULT)

\_\_S \_\_M \_\_L (YOUTH)

**MEDICAL INFORMATION:** Please list any medical  
conditions, including allergies to bee stings or  
asthma: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**COACHING STAFF**

Directors-**BETH FRANCESCHINO:** Head Coach for the  
BHS Field Hockey Team, former BHS player &  
College of NJ All-American. **KRISTIN GAITAN:**  
Former Head Coach for BHS & Montclair State  
Regional All-American.

Counselors-

**Belvidere Field Hockey Alumni**  
**Current College Players**



Lady Seaters Field Hockey Camp  
807 Oxford Street  
Belvidere NJ 07823  
**\*\*CHECKS PAYABLE TO BHS\*\***

*Lady Seater  
Field Hockey  
Camp*  
**July 15-19, 2019**

## SPECIAL GUEST TRAINING



Mike Stagaard MS  
CES  
Mike is the regional  
director for the St.  
Luke's Fitness and  
Sports Performance  
Center. Mike has over  
30 years of

experience in the area of sports and fitness.  
He was a former two sport athlete in college.  
For the past four years, Mike has been the  
strength and conditioning coach for the  
Parkland high school girls lacrosse team.

### CAMP INFORMATION:

Participants will work on fundamentals of  
field hockey, improve their individual skill  
levels & increase their overall knowledge of  
the game. Campers will receive individual  
instruction on new skills & learn new drills.

### CONTACT INFORMATION

Beth Franceschino:

[bfranceschino@belvideresd.org](mailto:bfranceschino@belvideresd.org)

484-357-5976

Kristin Gaitan: [kgaitan@belvideresd.org](mailto:kgaitan@belvideresd.org)

908-475-5208

### FEE:

**MINI CAMP (2<sup>nd</sup> & 3<sup>rd</sup> grade) - \$60.**

**FULL DAY CAMP (4<sup>th</sup> – 12<sup>th</sup> Grade) - \$120.**

10% discount off 2<sup>nd</sup> family members  
registration (discount will be taken off the  
lesser registration fee)

The cost of the camp includes instructional  
time, facilities, equipment, camp shirt,  
guest speakers, prizes and light  
refreshments

### TIME:

**MINI CAMP – 9:00am-10:30am (M-F)**

**FULL DAY CAMP - 9:00am-12:00pm (M-F)**

Adjustments will be made to the schedule if  
there is a cancellation due to inclement  
weather

### LOCATION:

BHS Field Hockey Field  
807 Oxford Street, Belvidere, NJ

### EQUIPMENT:

Sticks will be provided if necessary - you can  
visit [www.longstreth.com](http://www.longstreth.com) to purchase  
youth packages

**MOUTH GUARDS MUST BE WORN**

Shin guards are mandatory

Bring water & snacks

Sneakers or cleats are required

Appropriate clothing in case of rain

## REGISTRATION FORM

Please mail completed registration form  
(front & back) with payment to:

**Belvidere Elementary School**

**C/O Beth Franceschino**

**807 Oxford Street**

**Belvidere, NJ 07823**

**\*\*\*MAKE CHECKS PAYABLE TO BHS\*\*\***

**Deadline: June 18<sup>th</sup>, 2019**

T-shirt and/or size cannot be guaranteed  
for registrations received after 6/18/19

**WAIVER:** I authorize the clinic director to  
act for me in an emergency requiring  
medical attention. I certify my child is  
physically fit to participate in the sport of  
field hockey. I will not hold the clinic, its  
directors, staff, or the school responsible  
for any injuries incurred while participating  
in the clinic.

**Parent/Guardian signature:**

\_\_\_\_\_

**Date** \_\_\_\_\_

PLEASE CHECK IF IT APPLIES:

- I **DO NOT** give permission for my  
child's picture to be used on future  
camp press information or the  
Belvidere sports camp facebook  
page. <https://www.facebook.com/bhsssc/>