

Participant
Name _____
Address _____
City/State/Zip _____

Phone #
(home/cell) _____
(work) _____

Emergency
Contact _____
Phone# _____

Grade Entering Sept.
2019 _____

Years of field hockey
experience _____

Position(s)

EVERY CAMPER RECEIVES A T-SHIRT!

Adult size (circle one)

S M L XL

OR

Youth size (circle one)

S M L

****Additional shirts may be ordered for \$12
please indicate the number wanted next to size
below**

__S __M __L __XL (ADULT)

__S __M __L (YOUTH)

MEDICAL INFORMATION: Please list any medical
conditions, including allergies to bee stings or
asthma: _____



COACHING STAFF

Directors-**BETH FRANCESCHINO**: Head Coach for the
BHS Field Hockey Team, former BHS player &
College of NJ All-American. **KRISTIN GAITAN**:
Former Head Coach for BHS & Montclair State
Regional All-American.

Counselors-

Belvidere Field Hockey Alumni
Current College Players



Lady Seaters Field Hockey Camp
807 Oxford Street
Belvidere NJ 07823
****CHECKS PAYABLE TO BHS****

*Lady Seater
Field Hockey
Camp*

July 15-19, 2019

SPECIAL GUEST TRAINING



Mike Stagaard MS
CES
Mike is the regional
director for the St.
Luke's Fitness and
Sports Performance
Center. Mike has over
30 years of

experience in the area of sports and fitness.
He was a former two sport athlete in college.
For the past four years, Mike has been the
strength and conditioning coach for the
Parkland high school girls lacrosse team.

CAMP INFORMATION:

Participants will work on fundamentals of
field hockey, improve their individual skill
levels & increase their overall knowledge of
the game. Campers will receive individual
instruction on new skills & learn new drills.

CONTACT INFORMATION

Beth Franceschino:

bfranceschino@belvideresd.org

484-357-5976

Kristin Gaitan: kgaitan@belvideresd.org

908-475-5208

FEE:

MINI CAMP (2nd & 3rd grade) - \$60.

FULL DAY CAMP (4th – 12th Grade) - \$120.

10% discount off 2nd family members
registration (discount will be taken off the
lesser registration fee)

The cost of the camp includes instructional
time, facilities, equipment, camp shirt,
guest speakers, prizes and light
refreshments

TIME:

MINI CAMP – 9:00am-10:30am (M-F)

FULL DAY CAMP - 9:00am-12:00pm (M-F)

Adjustments will be made to the schedule if
there is a cancellation due to inclement
weather

LOCATION:

BHS Field Hockey Field
807 Oxford Street, Belvidere, NJ

EQUIPMENT:

Sticks will be provided if necessary - you can
visit www.longstreth.com to purchase
youth packages
MOUTH GUARDS MUST BE WORN
Shin guards are mandatory
Bring water & snacks
Sneakers or cleats are required
Appropriate clothing in case of rain

REGISTRATION FORM

Please mail completed registration form
(front & back) with payment to:

Belvidere Elementary School

C/O Beth Franceschino

807 Oxford Street

Belvidere, NJ 07823

*****MAKE CHECKS PAYABLE TO BHS*****

Deadline: June 18th, 2019

T-shirt and/or size cannot be guaranteed
for registrations received after 6/18/19

WAIVER: I authorize the clinic director to
act for me in an emergency requiring
medical attention. I certify my child is
physically fit to participate in the sport of
field hockey. I will not hold the clinic, its
directors, staff, or the school responsible
for any injuries incurred while participating
in the clinic.

Parent/Guardian signature:

Date _____

PLEASE CHECK IF IT APPLIES:

- I DO NOT give permission for my
child's picture to be used on future
camp press information or the
Belvidere sports camp facebook
page. <https://www.facebook.com/bhssc/>