

Scarlet Scoop

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The Scoop Seniors

The senior members of The Scarlet Scoop have been dedicated to this newspaper for all four years of their high school career. They have taken time out of their schedules to come to meetings, cover events, and write numerous articles. All of them are attending different universities and some of them are majoring in things far from writing, but their time spent on the Scoop here at Belvidere will never be forgotten.

Nina Ghilino

College: Cedar Crest College

Major: Pre-Nursing/Nursing

Career Goals: Get my RN

Reflections On High School/Best Memory:

Hanging out with my friends, meeting everyone freshman year, and having an awesome physiology lab group senior year

Paul Gillette

College: Ithaca College

Major: History

Career Goals: Teacher and coach

Reflections On High School/Best Memory:

Friday night football games

Jessica Lino

College: Kean University

Major: Education

Career Goals: Become either a French teacher or Math teacher

Reflections On High School/Best Memory:

Getting involved in so many activities, such as band, and meeting some of the best friends I'll ever have



Rebecca Litz

College: Messiah College

Major: English/Writing; minor- Journalism

Career Goals: Journalistic Writer/Teacher

Reflections On High School/Best Memory:

Lunch with Alyssa & Heather senior year, running around for the paper and the yearbook all year, the picture locker, and senior English class

Damaris Millheim

College: The College of New Jersey

Major: Nursing

Career Goals: Become a labor and delivery nurse

Reflections On High School/Best Memory:

None at the moment

Deidre Romano

College: County College of Morris

Major: Interior Design

Career Goals: Become an interior designer

Reflections On High School/Best Memory:

None at the moment

Heather Shupe

College: Rider University

Major: Communications/Spanish; minor- Political Communication

Career Goals: Work for the New York Times as a political foreign reporter

Reflections On High School/Best Memory:

Band trips, too many memories with Jen, Court, Damaris, Madrigals, marching band

Elisabeth Verile

College: Moravian College

Major: Elementary Education

Career Goals: Become an elementary teacher

Reflections On High School/Best Memory:

Meeting new people, hanging out with friends

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Freddy Fever



Every year, the State Theatre in Easton, along with WFMZ (that television channel everybody watches to see if school is closed), hosts the annual high school Freddy Awards, which recognizes outstanding accomplishment in high school theatre. It's a very exciting event where high school students from Warren County to the Lehigh Valley area come together and put on a show that is so fascinating, you'll be sitting on the edge of your seat in awe at what you see.

This year, Belvidere High School's *My Fair Lady* was nominated for Outstanding Stage Crew, Outstanding Performance by an Actress in a Leading Role (Damaris Millheim as Eliza Doolittle), and Outstanding Overall Production by a Smaller School. Regardless of nominations, each school sends several students to participate in an opening and closing number, consisting of dance and song. Along with John Cheatham, Jenna Tshudy, Damaris Millheim, and Noah Lucas, I had the honor of participating in this event, which was nothing short of astonishing.

As a participant in the opening and closing numbers, I had the distinct pleasure of meeting many people from other schools who were just as excited and enthusiastic about performing as I was. Hearing about what shows other schools did, along with sharing stories about performances all make great conversation. The group, which totaled more than 110 teenagers, was very social; everyone treats everybody as if you had known them for the longest time.



The rehearsal process, which took place over the course of roughly a week or so, focused mainly on choreography. Though dancing is not my favorite pastime, the steps and movements involved in the two numbers were relatively simple and enjoyable. The strangest part in my opinion was a section of the number where we had to run to the front of the stage and jump with our arms in the air (the choreographer dubbed those of us who had to do this "Gazelles"). Since there were two lines running perpendicular to each other, all you could do is hope that you wouldn't run into the other person!

Of course, the most exciting part of the whole experience was to do the show live. With the television cameras rolling, and people watching from America to Australia, the entire atmosphere of the production changed. Though still excited, everyone was ready to get down to business and be serious.

Personally, I was most intrigued by the technical aspect of the performance. Whether it be stopping in the middle of a number so the camera guys could get that perfect angle, or watching the producers tell the hosts to move into the right spot on stage, it made the performance feel like more than just a theatrical presentation.

Of course, it all happens once a year, and before you know it, your short time in the spotlight has come to a close. Coming out onto the stage that Thursday night, seeing the house packed solid full, audience members cheering, and television cameras rolling made it more than just a rewarding and enriching experience. For us, it's a way of life.

-Justin Kiefer

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College Do's and Don't's

So, seniors! Are you ready for the big day? Graduation? Of course you are, because I know I have been since January. Now it's finally here! However, after June 19th, it will be time to turn your attention ahead and look towards the Wonderful World of College. Wherever it is that you are going, there a few simple things you should know if you want to make the most out of your years there: what you **SHOULD** do at college...and what you **SHOULDN'T** do.

DO:

- ❖ **Go To Class**- what could make more sense than this? So many people go to college and relish in their new "do what I want, when I want lifestyle"...a word to the hopefully wise...don't fall into this trap. Your absences will sky rocket quicker than you can say "I'm too tired", and you will be placed on academic probation and possibly kicked out of the school. Risking your academic future is really not worth a few more hours of sleep. Try actually sleeping the night before.
- ❖ **Make Sure You Know Where Your Classes Are**- nothing sucks more than being late to class and having the professor lock you out of the room. Try explaining to him later that you got lost and see how that works out for you. Here's a hint: not well. He or she will simply mark it down as an absence, end of story. So, before classes start, take a walk around campus and make sure you know where everything is.
- ❖ **Keep A Healthy Eating and Sleeping Schedule**- that means three ACTUAL meals a day (this does not mean a bag of chips and a soda- there's a reason why you have a meal plan) and good night's sleep at night. Don't wave off studying during the day when you have time and try to pull an all-nighter that night and expect to be awake in class the next day (if you do, in fact, make it to class on time or at all). This will not pay off and neither will snacking



all the time just to "hold you over". Ever heard of the "freshman fifteen"? Just a myth? Not a chance. Eat three healthy meals each day, and keep your diet balanced (yes, this means vegetables). Sleep is essential to the body and the brain. Get a good night's sleep, and your academic performance (and attendance) will greatly improve.

- v **Do Your Work**- it may seem like a drag, but it will pay off greatly in the end. How? Hey, you could make Dean's List. You could get plucked from college and thrown into a high-paying job right after graduation. You could earn scholarships for good grades, which would help for student loans and tuition in general. You could be regarded as a hard-working individual who actually cares more about their education than "having fun and living it up". There is nothing wrong with having fun with friends and taking part in activities, but your academics should take priority.

DO NOT:

- ❖ **Do Anything Illegal**- very broad subject here, but here's the basic- avoid parties and any situation where anything illegal could take place, such as drinking, drug use, and promiscuity, to put it nicely. Again, it's fine to have a good time, but only if you're doing it in a legal, safe, and healthy way. Be assured that you will not lose that oh-so-important popularity if you don't take part in these activities. You will be respected more for not doing it, your academic performance will be greatly increased, and it really will benefit you in the end because being popular amounts to **nothing**. It's your integrity and your inner character and what *you* think of *yourself* that will be remembered, not how "popular" you were.
- v **Go To College Thinking You're "It"**- You will be entering a huge world. In Belvidere, or even any high school, you were a big fish in a little pond. Don't go to college expecting everyone to fall at your feet and worship you the minute you walk through the door just because you were Homecoming Queen or Star Athlete Guy. Lay low and do what you are there to do because the less negative attention you draw to yourself, the better.

College is the time to make someone out of your self. This is the time to go out there and form the rest of your life and become who you will be for the next few years, if not the rest of your life. Focus on your goals and your life and what you want to do, and strive for it. You can do *anything you want* with college. Good luck to all seniors graduating this year, and may the best be yet to come.

- Rebecca Litz, Editor

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Editor's Note

I have been Editor of The Scarlet Scoop for the past three years, and I cannot begin to express how much I have enjoyed it. It has been a huge part of my high school career, and I'll miss it when I head off to Messiah. However, I want to take this final opportunity to thank a few people who have contributed to The Scoop's success.

Justin Kiefer- You are a life-saver! You were always there with any article I assigned you to, and you really helped me make an issue at times when topics were scarce. I cannot thank you enough for all you have done, not including pictures you took for other publications I am involved in. You're an excellent writer, and I hope you keep that up in college and afterwards. ☺

My Staff- I would like to thank you all for contributing your time, your writing talents, and your dedication to The Scarlet Scoop. Whether it was missing a few minutes of a sport or extracurricular activity or coming up with an article out of nowhere, you really took time out of your way to come to meetings and write articles, which really kept the newspaper going. Thank you all very much, and I wish you all the best in college or in your senior year! ☺

Mrs. Pappas, The Administration, My Other Teachers, and the Community- Thank you, Mrs. Pappas, for always taking time out of your busy schedule to review the paper for us. It is greatly appreciated. I would also like to extend a huge thank you to all our readers, whether they are right in Belvidere or from a college in Florida. Your positive and encouraging feedback really kept us going throughout these many years. Just wait until next year! ☺

Mr. Adam Haye and Mr. Erik Lee- Thank you so much for the use of your office, your computer, and at times, your snacks (haha) ☺ You both have been such a valuable asset this year because without you, the paper would not be on the internet, and we would not be anywhere near where we are today. My constant nagging to "put the paper up TODAY" must have been tiring at times, but you put up with it. Thank you very much. ☺

Mrs. Gautier, Our Wonderful Adviser- Not only have you been a wonderful teacher, but you have been a great mentor and adviser for me, and I'm sure the other members of the staff would agree as well. You were always there to help us with anything, and you have an extraordinary gift for coming up with articles and topics when there seem to be none. I will miss you very much when I go to school, but be sure to check Messiah's newspaper because that's where I'll be most of my time, such as I was at Belvidere. ☺ Thank you again.

I will miss The Scarlet Scoop very much, but there is much more to come from this paper in the future. Be sure to check back with us in September/October when the new staff will have a whole new range of topics to cover throughout the year. It's been a pleasure. ☺

- Rebecca Litz, Editor